

## **Welcome to the 16<sup>th</sup> Annual Volunteer Awards Roll of Honour**

To the local volunteers of Peterborough we would like to say, "We know what you do, we know the difference you make and we welcome this opportunity to appreciate you publicly ". Thank You

All of the organisations mentioned in this roll of honour wanted to acknowledge some individuals for their amazing and outstanding contribution to others.

### **1. Glinton Friendship Club:**

Glinton Friendship Club is run for older people in the village of Glinton. They offer companionship, games, quizzes, outings, walks, talks and celebrations. They also cook super lunches and have many laughs.

#### **Linda Covell**

Linda, who I understand is the quietest volunteer, makes all of the above possible. She has been with the group since it started 10 years ago and can often be found sitting with people or encouraging them to take part in games. Linda helps out with fund raising and is an excellent blanket knitter, she can always be relied on to give extra help or to just listen and chat.

### **2. Victim Support:**

Victim Support helps people cope with the effects of crime. They do this by providing free confidential emotional support and practical help. The charity is sustained by volunteers whom without, their positive work for victims & witnesses could not continue. Independent of the police and courts, the service is available to everyone and they help over 1 million people every year.

#### **Marielyn Hollowell**

Marielyn has volunteered with Victim Support and provided help to victims of crime for a number of years. She gave many extra hours to undertake serious crime training, enabling her to support victims of Domestic violence, Sexual violence, people bereaved by homicide and Young victims of crime. Marielyn's dedication and passion for the service is second to none, she has made a real impact with the training and accreditation for new volunteers. Victim Support feels Marielyn is very deserving of this public recognition.

### **3. Peterborough Volunteer Centre:**

Helps potential volunteers find their way to organisations in and around Peterborough. Last year they had over 3000 enquiries! The centre also helps over 300 volunteer involving organisations with free training and advice to support their volunteer programmes. The work the volunteers do is greatly appreciated and they know how volunteering can change peoples lives and their time given contributes to making sure people get the best service possible.

#### **Andrew Baker**

A very special person in the team is Andrew; Andrew joined us a couple of years ago just to do a little bit of office work, but now he maintains all the information held on the volunteering database. His work is precise and meticulous his commitment to helping potential volunteers or organisations managers is second to none. Over 300 organisations and 3000 volunteers benefit from Andrews volunteering. The volunteer Centre is so proud to have him representing them. He has never missed a day's volunteering and is a real gentleman with a wicked sense of humour that keeps the staff giggling all day and best of all he make a lovely cup of tea!

### **4. 4 Housing 21 Bishopsfield Court:**

Bishopsfield is a sheltered housing scheme for the elderly which aims to provide a home for life. It helps tenants to access services and helps with shopping, cleaning, transport and money. It provides learning, health and social activities, along with coffee mornings, painting clubs, bingo, crafts, knitting, cards, dominos and a Cooking club. Volunteers strongly support these activities.

#### **Nicky Gymer**

For her compassion, dedication and commitment. She is always putting others before herself. Nicky goes in twice a week to play cards, do nail care with the ladies and has even started a knitting club. She helps with the Christmas parties, the Royal Wedding Tea and is always on the look out for new ideas. All of the tenants look forward to her visits as she involves everyone in her activities.

Nicky has also undertaken a lot of training to help her continue her high standard of volunteering, such as safeguarding, moving and handling and reminiscence. To quote the manager "We here at Bishopsfield think she is an amazing lady, best of all she makes all of the tenants smile when she is around. Our amazing volunteer Nicky".

## **5. Trial-Blazers:**

Trail-Blazers are a charity that has been working with young offenders in prisons and in the community for over 11 years. The charity recruits and trains volunteers to mentor young offenders and reduce the risk of them re-offending by building self-awareness, confidence and self-esteem. Also helping them achieve changes in thinking, attitude and ultimately - behaviour. Volunteers work with offenders during the last 6 months of their sentence and for up to 9 months after release.

### **Robin Lack**

Robin started mentoring about a year ago and has supported several very different young men, making a real difference to each of them. His enthusiasm is infectious and his help is invaluable. An example of this was when Robin noticed a young man named Trevor was reluctant to write in front of him, he soon discovered the young man had poor reading and writing skills and would not engage in any of the prison's literacy schemes. Trevor didn't want to admit to staff or other prisoners that he had a problem, so Robin researched adult literacy classes and sourced advice and strategies to help Trevor after his release; and was there to support him personally. Proving sometimes only a volunteer will do!

## **6. Cambridgeshire Mencap – Fenland:**

Cambridgeshire Mencap supports adults with learning disabilities. They run a befriending scheme which provides one to one friendship and support that allows a person to play a more active part in their community. A carefully matched volunteer spends time with their friend doing the things they enjoy together, such as going to the cinema, out for a meal, playing golf and much more.

### **Margaret Oatey MBE**

Margaret has been involved with Cambridgeshire Mencap for many years and played a big part in setting up the befriending scheme over 10 years ago. Described as the lynchpin that has kept the scheme running, nothing is ever too much trouble for Margaret. She is always happy to help everyone and anyone, fellow volunteers, staff, a service user in need or a family in crisis. She is involved in so many aspects of Mencap that it would be impossible to list them all. Her support and guidance has made Mencap what it is today, she is truly dedicated to enhancing the lives of others.

## **7. Peterborough Soup Kitchen:**

Want to ensure that homeless and disadvantaged people in Peterborough get some hot food & drink each and every day. One Hundred volunteers from all walks of life help to prepare soup, drinks and sandwiches. They have 24 teams of loyal and dedicated volunteers. The volunteers also get involved with fundraising and admin tasks.

### **Carlos Dominguez**

Carlos has volunteered at PSK for the last four years. In that time, he has become the leader of two teams and regularly drives the van. He took on the role of fundraiser to ensure enough money was raised to replace the old van. He helped secure the soup kitchen the 'charity of the year' award at Sainsbury's. He organized the 'Sleep Rough 2010', which was a massive success. 135 people spent the night sleeping outside and raised over £41,000!

His overwhelming enthusiasm as a fundraiser is quite infectious and he is tremendously motivating to those who work with him. Carlos is a dedicated and hard working volunteer who makes anything seem possible.

## **8. Buglife – The Invertebrate Conservation Trust:**

Buglife is the only organisation in Europe devoted to the conservation of all invertebrates. They are passionately committed to saving Britain's rarest little animals, everything from bees to beetles, spiders to snails. Buglife volunteers help with a range of admin, fundraising and membership tasks including data entry, letter writing, filing, research, packing for events, helping at Member Days and responding to enquires. They currently have 6 volunteers.

### **Clare Swales**

Clare has been volunteering for Buglife for over two and a half years and has given over 140 days of her time! Her creative flair and initiative has enabled her to produce entertaining bug related craft activities including her latest achievement, 'Colin the crayfish', made from an egg box! Clare has been extremely dedicated to producing a 'Minibeasts Education Pack' for primary schools and her eye for detail make her the perfect volunteer for some of the financial admin tasks too! This year Clare has been working to create a wildflower meadow for bugs at a community allotment. Clare is a valued member of Buglife; her friendly, approachable manner and positive attitude makes her a pleasure to work with. She is more than a Buglife volunteer; she is a dedicated member of the team and a trusted friend.

## **9. Froglife:**

Froglife works on a range of social inclusion and conservation programmes to support and promote conservation. They do this by providing information, education and training to a wide range of people. They also manage the Hampton Nature Reserve with a team of volunteers.

### **Derek Croxon**

Derek has been volunteering with Froglife for over 2 years, and his commitment, friendliness and support for the group have been invaluable. He is a very knowledgeable & dedicated member of the team, his enthusiasm is boundless and he is more than happy to get stuck into whatever jobs need doing. As well as contributing to the reserve, Derek is an important member of the social side of the volunteer team and it would be a very different group without him. It is a delight working with Derek and Froglife would like to express their gratitude for all the hard work he does.

## **10. Age UK - Home from Home:**

Age U.K Peterborough serves the elderly community with various projects. These include Friendship clubs, a Day Centre, gardening services, home help, and many more. Their aim is to promote the well-being of all older people and help make their later life a fulfilling and enjoyable experience from within their own home and out in the community.

Volunteers are an important part of all of these services. Taking on duties & responsibilities to help run and organise our vital services.

### **Mina Varu**

The Home from Home project was set up for people who did not feel comfortable in a large group. For many years now, Mina has single handily organised and run a group for elderly ladies two days a week in her own home. She offers a lifeline by providing a home cooked meal and outside activities which give her ladies contact with the wider community. Mina has responded sympathetically and informatively to a variety of issues and problems within the Asian community. For these reasons Age UK would like her dedication and commitment to be acknowledged.

## **11. Peterborough Environment City Trust (PECT):**

Peterborough Environment City Trust (PECT) is an independent charity working for a cleaner, greener, healthier Peterborough. They deliver a range of projects working with local people, communities, schools, businesses, local authorities and voluntary organisations. Their aim is to create a truly sustainable Peterborough, the UK's Environment Capital!

### **Nilam Patel**

Nilam came to PECT from Australia, she wanted to gain experience in the environmental sector, to forward her degree. Initially she worked in administration, but her skills and willingness to learn soon had her visiting elderly residents to provide advice on how they can save energy and money and thus removing them from fuel poverty. She has helped local businesses to reduce their energy consumption and taken part in many events such as the 'Green Festival' and 'Bee Wild' events at Ferry Meadows. Nilam is eager and helpful, considerate and thorough, and does everything asked with a huge smile on her face. She is truly invaluable and her hard work is very much appreciated.

## **12 YMCA Better Together Project**

The Better Together project recruits and trains volunteers for nine different projects working with vulnerable young people. These projects include, the Youth Offending Service, YMCA, Youth Inclusion Project, Intensive Supervision & Surveillance Programme, CSV Allies, Peterborough Young Carers, Children's Social Care & NACRO. The newest project will be supporting young people with substance abuse and mental health problems.

### **Odette Martin**

Odette has been volunteering with the Youth Offending Service for nearly two years. In that time she has contributed greatly to the service by both assisting in reception and carrying out invaluable mentoring work. She is excellent with young people, calming and supporting them with many issues. Odette is, at present, working with four young people. Here is a quote from a young person Odette has helped, "she's kind, gives her time, she is caring" and the best compliment of all "without her I'd be lost. Odette she's safe she is! "This was from a 17 year old young man who has had no parental support, how amazing this lady must be!

### **13. WRVS Senior Stop:**

Senior Stop is a drop-in centre and Tea Bar for over 55's, offering an information point and a place to meet in a relaxing environment to encourage social inclusion.

#### **Greta and Tony Borgognoni**

Greta has been volunteering with Senior Stop for over 14 years; she puts in many hours serving behind the Tea Bar, organising the volunteer rotas, placing orders, dealing with deliveries, managing the post and helping people quietly and sympathetically with their problems. Nothing is ever too much trouble for this lady. During a 6 month gap with no manager, Greta stepped in to help with many additional tasks. She is also a Treasurer on the board of trustees. Tony helps to keep Senior Stop ship-shape by doing little jobs that would otherwise be neglected, such as tightening cupboard doors, screwing down toilet roll holders and many other small repair jobs. (You can't help but imagine Tony going in for a quiet cup of tea and getting a screw driver put in his hand!)

### **14. Peterborough Shopmobility:**

Peterborough Shopmobility is a Charity that provides wheelchairs, powered chairs & electric scooters to help those with limited mobility get around Peterborough City centre. Volunteers make sure that people borrowing the chairs and scooters are confident in their use of the equipment loaned to them. They manage membership details and record daily uses, along with taking bookings and general office administrative duties. The volunteers have care, compassion and understanding at all times for the difficulties faced by people with limited mobility.

#### **Geoff Reid**

Peterborough's manager says he has no hesitation in putting Geoff forward for an award, as he is somebody that he is honoured to have as a volunteer. Geoff has been volunteering for five years and has always been an asset to, not only the charity, but to the many people who use the service. He always acts in a professional and caring manner and is well respected by those that work with him. Geoff has never been heard to complain and he carries out his tasks with total dignity and is always smiling!

## **15. Vivacity, Peterborough Culture and Leisure:**

Vivacity is an independent, not for profit organisation, managing sports and leisure centres, the Key Theatre, public libraries, Flag Fen and the Museum & Art Gallery. Their goals are to manage and improve the facilities available in Peterborough, encourage people to try new things and ensure that they have enjoyable experiences at each and every one of the venues, events and activities. Volunteers are an important part of Vivacity and contribute to all the services.

### **Jo Harrison**

For five years Jo has volunteered tirelessly in the Archive Collections department, completing the catalogues for public viewing, she is proficient at using the archive database and also describing the material that she is cataloguing while volunteering Jo has been doing the Distance Learning MA course in Archives and Records Management at Dundee, she is enthusiastic & committed to her volunteering and has completed some fairly large collections which would otherwise still be untouched. Jo deserves recognition!

### **Helen Hargrave** (Story time/ Rhyme time volunteer)

Helen helps out every week at Eye Library. The 'Rhymetime' and Story time sessions are full all the time due to Helen's positive and welcoming attitude. She has introduced 'sticker giving' to the children, which creates great excitement after all the listening and singing. Without Helen Eye library would not be able to offer exciting and fun under fives events. Helen also volunteers in the coffee shop at Flag Fen, "She is happy to do anything", which they feel sums up Helen's attitude towards volunteering.

### **Matthew Fenton**

Matthew volunteered at the Lido and at the Regional Pool, completing maintenance tasks alongside the maintenance team. He was dedicated to the role, had excellent time keeping and never shied away from any job. He was a key asset to the team during his volunteering,

### **Joanna Minett**

Jo has volunteered at the Key Theatre for nearly 20 years and unless she has been ill or on holiday she has never missed a Thursday or Saturday matinee – that in itself deserves an award!

Jo does anything and everything that needs doing, from tearing stubs, to selling programmes, getting change for the bar, getting extra ice creams or helping set up. Of course volunteering this long at the Theatre she knows lots of the regulars and always makes everyone welcome. Jo is reliable, trustworthy, flexible and above all, a kind and considerate colleague, what more could you ask for? Vivacity is enormously grateful for her long service and ongoing support to the Key Theatre.

## **16. Cross Keys Homes:**

Cross Keys Homes is a registered social landlord, which owns and manages 10,000 homes in the Peterborough area.

The organisation supports volunteering and has eight volunteers who work at the Westwood Community Hub. This is a community office, in which volunteers man the reception desk and deal with the day-to-day enquiries received from the local community members.

### **Jean Ayres**

Jean has volunteered with Cross Keys for two years and does a great job working on the reception desk and taking responsibility for various tasks at the hub. She is happy to help out where she can, covering other volunteers' shifts and always with a helpful and cheerful attitude. Jean also volunteers at Stafford Hall helping to run the local community venue as well as Peterborough City Hospital, in the gift shop. Jean has been volunteering for 26 years now. Beyond the great work that Jean does for Cross Keys Homes she should be recognised for the work and great contribution she has made to her local community. The number of years Jean has given to volunteering work shows her true commitment and desire to help others; she is a real trooper who can always be counted on.

## **17. Peterborough and District Deaf Children's Society:**

Peterborough Deaf Children's Society provides help and advice to parents of hearing impaired children in the Peterborough area. It also provides leisure activities and educational assistance to children who are hearing impaired. PDDCS runs activities for deaf children and their families, such as a week long play scheme, parent club, week long play scheme, crafts & cookery clubs, Christmas parties and Big Sky activities.

### **Liz Monaf** (Supervisor and co-ordinator for the "Deaf Toddler Group")

10 years ago, some parents got together and started a "toddler group"; now 15 families regularly attend. The group provide support for each other and positive interaction for siblings. It now has the support of the Hearing Support Services and an Audiologist.

Liz drives this group forward and has ensured "Support Services" attend and pass on relevant information. I think she rightly deserves this recognition.

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**Nicola Epathite** (Chairperson, Youth Group Organiser, Play Scheme Leader)

Nicola gives so much to the society. She studied sign language and deaf culture at university and wanted to help in any way possible. Much of what happens for deaf children in this city is down to her voluntary work.

The list is endless; she leads the youth group, organises residential & day trips, society 40<sup>th</sup> birthday celebrations, Family Days at Ferry Meadows, Christmas meals & teaches at several clubs in her spare time. Nicola is also the chair of the PDDCS and takes this role seriously. The society wanted to nominate Nicola for her contribution to city life this year – it has been outstanding.

### **18. Beat This C.I.C:**

Beat this is a not-for-profit music and arts service working in Peterborough to provide creative opportunities & experiences to children, young people and adults with additional needs. Its main aims are;

- To broaden their musical skills and creative interests.
- To Identify, nurture and support young people who wish to further their musical and creative careers.
- To support and provide professional development to the practitioners and volunteers.
- And to work with others involved in other art forms, musical genres, and creative media.

### **Lee Ashton**

(Co-Founder and Director, as well as full-time volunteer and Music Practitioner)

Lee recognised that Peterborough was in need of a creative and alternative educational outlet for its people and, in particular, for children & young people. Lee and his friend Benny decided to set up “Beat This” as an organisation that could apply for its own funding in order to provide creative, hands-on workshops & activities for free. Lee has been instrumental in setting up the company and his vision is to set up a collaborative, creative network of music practitioners that can bring different skills to the pot and establish a creative educational framework for Peterborough that can really give something back to the community through music and the arts.

## **19. Cambridgeshire Branch of the Motor Neurone Disease Association:**

The Cambridgeshire Branch of the MND Association is run by a small group of volunteers whose aim is to support the people in our area who are living with Motor Neurone Disease. They have six specially trained Association Visitors at present; these volunteers support people throughout the journey of MND. Fundraising provides equipment, counselling, massage sessions and respite breaks for carers, directly helping our people and their families with MND.

### **Maire Collins**

Maire has been the Branch Secretary for the past 6 years; she is a lynch pin within the Branch, a vital component in many areas, keeping reliable and concise records of all the meetings and the point of contact for any Association Visitors. Maire also helps with fund raising and takes on considerably more than her official duties; she is an irreplaceable member of the Branch and deserves recognition for all her work.

## **20. Peterborough Community Radio (Peterborough FM):**

Peterborough FM is a not-for-profit community radio station for the Greater Peterborough area. Its purposes are; social benefit and community cohesion, as well as information and entertainment, reflecting Peterborough's diverse communities. Its programmes are created and presented by volunteers, covering a wide range of topics and styles. Volunteers also carry out administrative duties, research and outreach work.

### **Paul Newman (Admin / Presenter)**

Paul has been one of the more active volunteers since he joined the station last year; he has helped with administration, the radio schedule and digital editing. He has also started producing and presenting his own radio show and is enjoying it greatly. We are glad that Paul has built up both his skills and confidence during his volunteering time and we think he deserves this award for the great commitment and passion he has shown.

### **Vivienne Ahmad (Presenter and admin worker)**

Vivienne has been a great asset for the Community Radio's project; she enthusiastically got involved with the training and followed on with the broadcasting. Being able to produce her own show, she showed a great commitment and a genuine understanding of the project's aims. Her weekly show 'The Vivienne Lee show' has given voice to different members of the community, providing local talents, public bodies and mainstream agencies with a new platform to express their views. She has been very supportive to other volunteers helping them to produce their programmes.

## **21. Thorney Friendship Club:**

The club meets on a Monday and share a lovely home cooked meal followed by various activities; from Board Games to Bingo, Carpet Bowls to Crafts and even outings to pastures new. They say that they are very lucky as a club to have such a wonderful team of helpers, willing to cook, wash-up, play games, serve cups of tea and push wheelchairs on days out.

### **Jean Bartlett & Marlene Ladds**

Jean has been a helper since the club opened 10 years ago and has been the key oven cleaner and washer upper! Jean arrives armed with the appropriate cloths ready for action and makes it all look so easy.

Her partner in crime is Marlene Ladds, who has also been helping since the beginning. She is always there with her lovely smile, poised ready with her Marigolds to take on the task of cleaning & washing-up after our cooks have finished.

Their efforts are very appreciated by us all, as it's not the best of volunteering jobs! As they say in the Army, it's like being on Janker's each Monday.

## **22. Little Miracles Peterborough:**

Little Miracles is a parent led support group and Charity for families with children that have additional needs or disabilities, based in Peterborough. They run weekly drop-in sessions at the Honeyhill Children's Centre, where the whole family are welcome to come and chat, play and socialise. They have lots of day trips, activities and daily sessions during the school holidays.

### **Helen Baker & Emelie Northrop**

Helen works tirelessly to support the group above and beyond her role as treasurer in order to improve the lives of the families with disabled children. Emelie's fundraising efforts make the group possible, she works constantly to pay for the activities the children want to do and without her there would be some very disappointed children.

### **23. The Salvation Army's Good Neighbours Scheme:**

The good Neighbours scheme is managed by the Salvation Army and responds to the needs of the most vulnerable; their approach is holistic, engaging with people's physical, emotional and spiritual needs, to promote independent living, tackle isolation and encourage a healthier lifestyle to help build confidence.

#### **Kay Collins**

Kay has been a volunteer since the Good Neighbours Scheme first started in 2003. During these 8 years Kay has befriended elderly service users across the city.

Kay remains a hard working, committed and dedicated volunteer who deserves our thanks and recognition for her long service.

### **24. Netherton Friendship Club:**

NFC was created for the benefit and enjoyment of senior citizens in the Netherton, Westwood and Ravensthorpe areas. They meet weekly and take part in activities including quizzes, demonstrations, armchair aerobics and enjoying guest speakers. Teas, coffees and excellent lunches are also provided. Volunteers do all the work in the kitchen while others organise a raffle and set-up/put away all the tables and chairs etc.

#### **Fatma Walji & Jean Saunders**

Fatma joined the Netherton Friendship Club in October 2004 as a helper, and has been just that ever since. Each week she helps serve the tea and coffee followed by lunch. Afterwards she works in the kitchen, taking particular care with cleaning the cooker (a job we all hate!) as well as washing up etc. She is one of the Clubs most loyal and hard working members.

Jean is another hard worker in the kitchen. Lunch is a very important part of the day and providing approximately 47 hot meals each week is a considerable undertaking for the various volunteers.

Both Fatma and Jean are valued members of the club and deserve to have their industry and loyalty duly recognised.

## **25. Parnwell Skills Exchange Scheme:**

The Parnwell Skills Exchange Scheme is a 'Timebank'; this form of volunteering is called an 'exchange' and can be undertaken on a one to one basis or in groups. Exchanges have included gardening, car lifts, painting & decorating, newsletter editing and even English language tuition and cookery lessons. This is community volunteering which is a real benefit to neighbours.

### **Robert Hunt**

Robert has volunteered tirelessly since November 2009 by giving his time to garden focused volunteering; giving gardening advice, helping to weed & plant resident's gardens, put up sheds and running a gardening club. He has also passed on his skills to a teenage member. Robert Chairs the Community House Committee and has supported the Residents Association for many years. He has also just taken up the vice chairmanship of the newly formed Peterborough East TimeBank.

He has made a huge impact on the Parnwell community and is known and loved by all, young and old.

## **26. Air Training Corps:**

The Air Training Corps (ATC) is a national voluntary youth group parented by the Royal Air Force (RAF). The Air Cadets have almost 41,000 members aged between 13 to 20 years, within 966 Squadrons. Its cadets are supported by a network of around 10,000 volunteer staff and around 5,000 civilian committee members. With a motto of 'Venture Adventure' the Air Cadets strives to promote and encourage, among young men and women, a practical interest in aviation, provide training which will be useful both in the Services and in civil life, to foster the spirit of adventure and develop the qualities of leadership and good citizenship.

Volunteers assist with a number of activities delivered by the Air Cadets from adventure training to first aid, leadership skills as well as a technical curriculum which leads to BTEC diplomas in Aeronautics and Public Service.

### **Roger Ash**

After service with the Royal Air Force, Roger joined the Squadron and has taken on responsibility for the management of 115 (Peterborough) Squadron's training programme.

Roger has revitalised the First Aid training delivered and supported the Duke of Edinburgh scheme activities. Following his efforts the cadets First Aid knowledge has increased and a large number have achieved National Young Life Saver and Heartstart awards. Roger has also led the Squadron's First Aid team achieve a creditable 2<sup>nd</sup> place in the regional first aid competition in 2011. His support for the Duke of Edinburgh scheme has lead to 5 cadets successfully completing their Gold award and he has become a significant and vital member of the adult staff team.

### **27. Peterborough and District Branch of the MS Society:**

Offer support to all those with Multiple Sclerosis, their families and their carers. Fundraising activities take place to support care, research and grant giving. The society also arranges varied and interesting social activities including social get-togethers, days out, luncheons, and short holidays.

#### **April Flynn**

April has acted as Hon. Secretary to the branch for many years, carrying out many of the necessary, but thankless, tasks which are needed to make the branch function.

The members of the branch owe so much to April for her organisational skills, her timely advice to the committee and her constant searching for new activities.

### **28. Friends of Peterborough Prison:**

'Friends of Peterborough Prison' works in partnership with Her Majesties Prison Peterborough with the supporting of the friends and families of the prisoners in a variety of ways. Volunteers are involved in manning refreshment bars, Visitors Centre, Education Department, prison gardens, visiting halls crèche and the Mums and babies unit. Expanding their support into the gym, hair & beauty salons, helping prisoners to learn new skills,

#### **Giovanni Grammatica**

Giovanni has been helping in the male visiting hall, serving refreshments & providing social interaction since 2008. He also helps in the education centre, providing support to prisoners. John works full time and does his volunteering at weekends, which is incredibly helpful as this is a time when getting volunteer support is very difficult. He even takes annual leave to help on family days. The feedback from the Families is always very positive and it is a credit to John.

### **29. Peterborough City Hospital:**

#### **Bryan Puckey**

Bryan joined the team in March 2010 for one shift a week on our outpatients desk at PDH, but since moving over to the City Hospital he has taken on lots more volunteer roles within the Trust and even helps with external cardiac activities. He adapts to any new challenge well and is an extremely reliable and valued member of the team. Even though his own health is not 100%, he does not allow this to hold him back and he now volunteers 4/5 times a week. Both staff and patients love Bryan. He also does lots of baking and often lets us sample his delights!

### **30. Sue Ryder – Thorpe Hall Hospice:**

At Sue Ryder Care – Thorpe Hall Hospice, we care for people who are seriously ill, helping them to get the best from life. Our approach considers every aspect of an individual's well being by listening to, and supporting, their choices. With the aid of volunteers, we are able to help hundreds of patients get the best from their lives by helping put back what conditions like Multiple Sclerosis, Parkinson's Disease, Stroke, Brain Injury and Cancer, take away. The hospice costs nearly £2 million per year to run and only half of this cost is met by the local health authorities and social services and it is the role of the fundraising department to fill the gap. This is why our volunteers are very important to us.

#### **Penny Fisher**

(Family Support Worker/ Bereavement Support Worker and Ward Volunteer)

Penny has shown tremendous commitment over the last year and has really progressed her skills through training and development. Penny is very reliable, dependable and attends as many extra events as possible. She regularly goes beyond the call of duty to support the work of the team. Despite her own personal challenges she put herself forward to train for the new team of children's bereavement support volunteers as well. Penny is a real asset to Thorpe Hall.

#### **Mike O'Connor**

Mike O'Connor comes in twice a week and works on both wards. He goes in and talks to all of the patients, building up a good rapport with them. Many of whom remember him if they return and vice versa. He mucks in with breakfasts, dishwasher duties and will always offer the staff a cup of tea as well; he will go out on escort duties to the hospital or patient discharges and is a good team player.

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## **Maggie King**

Maggie King volunteers in the Fundraising Department at Thorpe Hall, assisting with duties in the coffee Shop on a regular basis, as well as at various events. These include 'Glamour Galore', 'Lights of Love' and 'Lights Fantastic'. Maggie is extremely flexible and is happy to turn her hand to anything, often at the drop of a hat, with a warm, friendly and professional personality at all times. She has outstanding commitment which is greatly appreciated.

## **Brenda Copeman**

We could not provide such a variation and wide range of activities within the Day Centre, without the support of a large team of around 30 Volunteers who are committed and motivated to making it a fun and productive day for all of our service users who attend. Brenda volunteers twice a week in two different roles, firstly as a volunteer activities support worker and secondly as a driver escort. Brenda has worked at the day centre for nearly two years now and is dedicated to her work. She is tremendously supportive to service users and work colleagues alike. Brenda has a lovely gentle nature and has many years of experience working within healthcare. She demonstrates a great deal of empathy with our service users and is highly thought of amongst those she works with.

## **31. Peterborough Sailability:**

Peterborough Sailability exists to provide a sailing experience for disabled people. The volunteers assist disabled clients in and out of the boats, sometimes with the help of a battery powered lift, they then have to put the boat in the water and prepare it for sailing. Those helpers with sailing experience take our clients out onto the water, and the helpers of course have to rig the boats before the daily sailing and de-rig the boats at the end of the day.

## **James Hopgood**

James Hopgood was the Chairman of Peterborough Sailability from 2005 until 2010 and was responsible for heading the development of the Club from the very start to the thriving Club that it now is. In the beginning they had 2 Challenger dinghies and 2 disabled sailors; we now have 7 dinghies, over 100 sailors, a club hut, all our own kit and a band of 40 dedicated volunteers. James has given a great amount of time to developing and leading the Club into its present position of one of the leading Clubs within the RYA Sailability organisation and is to be commended for this achievement.

### **32. Peterborough Council for Voluntary Service:**

Volunteers work on our busy city centre reception, dealing with people from all communities and walks of life on a daily basis. It could be a carer, someone with learning disabilities or the Chief Executive of a charity. We have a policy of 'open to all' as we truly believe this to be an important part of our organisation.

#### **Paul Cousins**

Being one of the first points of contact for service users in our community, it is important that a warm welcome is given to anyone entering or phoning our office. Our reception volunteers take telephone calls, greet visitors and deal with a range of complex enquiries in a calm and friendly manner. Paul has been supporting us for over 2 years; he is committed to the centres staff and to people using our services, giving them the best assistance and customer service possible. He has befriended many of the carers who visit our centre and has genuine concern for their wellbeing.

### **33. Age UK Peterborough:**

Age UK Peterborough provide a wide range of services which promote the well being of older people in the Peterborough area and help to make later life more fulfilling and enjoyable.

Key Services include; Information and Advice, Day Care and Gardening Services, Friendship Clubs and the Befriending Service. Volunteers are involved in the Friendship Clubs, the Befriending Service and Age UK charity shops.

#### **Jean Gill**

Jean has been a befriending volunteer for 9 years with Age UK, visiting older people who are lonely or isolated in their own homes. Presently Jean is befriending three ladies; she not only visits but phones them when she is at all concerned. She is very sensitive towards the people she visits and how they are coping with life generally, offering company and support where needed. Jean is very conscientious and caring, far exceeding the expectations of the role. Jean's hard work is even more commendable when you discover she is over 75 herself!

**Cont..**

## **Louise Guy**

Last year Louise befriended a gentleman in Peterborough who later moved to Thurlby. Louise continued to visit him until she was happy that he was settled and had a good support system in place even though this involved considerable travelling. Louise now visits a local gentleman, and In addition to this, is involved in a new project in Befriending which involves going to Orton Longueville Court Care Home where she visits around 15 residents weekly.

### **35. Peterborough City Council, Crosskeys Homes, Diabetes UK & Innova:**

## **Christine Cunningham**

Christine was integral in the creation and development of the City's first community hydrotherapy pool based in Dogsthorpe. Her commitment, tenacity and energy ensured that partners came together to fulfil the vision of access to hydrotherapy treatment for over 35,000 people in Peterborough with long term conditions. She attended numerous meetings, organised open day events, lobbied councillors, officers, voluntary and private organisations relentlessly, until finally the dream of this facility became a reality. She still works hard with partners to ensure the pool remains a facility for Peterborough for many years to come.

And in her spare time, she is Chair of Innova, the only Community Development Trust in Peterborough. The effort required to set this up was equal to that of the hydrotherapy pool.

Christine is a Resident Board Member of Cross Key's Homes alongside many other organisations panels.

She is also Secretary of Peterborough Diabetes UK. This was one of Cllr Keith Sharpe's chosen charities when he was the Mayor of Peterborough last year; Christine has helped raise a large sum for this charity.

### **35. Group Advocacy (PCVS):**

The Group Advocacy team works on a variety of exciting and important projects. At present the members are working on: The Office Work Team, The News Flash Magazine, and the Feel Safe Group. On top of this, they also organise friendship and social events such as the Lavalamp Nightclub.

#### **Assunta Genovese** (Certificate for being fearless and doing something new)

Assunta is incredibly hardworking and committed; she can always be relied upon. She will go out of her way to be supportive to other and help where ever she can. Some of her greatest achievements have been; her work with the Office Works Team & the help he provided to Shine (formally ASBAH) with their administrative tasks. They say she is indispensable to them. Assunta has also been co-ordinating the work team, contacting the members by telephone to help organise work. There are truly no limits to what Assunta can achieve and she rightly deserves the Award for being fearless.

#### **Jane Allen**

(Being a good friend and supporting others to achieve their goals)

No-one could wish for a better friend and companion than Jane. She is thoughtful, compassionate, kind and selfless with her time and energy. Jane is a fantastic listener. She always finds positive ways to encourage others through worrying and difficult times. Her loyalty and support to her friends and peers in Group Advocacy is constant and reassuring to the whole team. Others grow in confidence and widen their circles and life experience through her friendship.

#### **John Brundle**

(Independence and peer support)

John, or as he's otherwise known, "High Tower", is such a fun character to be around and we love having him in our team. His confidence and independence is inspirational to others with learning disabilities. He is a fantastic example of living your life with as much zest and variety as humanly possible. He's mad about THE POSH and did a fantastic job of interviewing a player for the sports section of the magazine. His skills help to support and train others in the Office Work Team as well as in the Friendship and Social Groups. He is fantastic at travelling independently and is often advising or finding the right bus routes for others to take. He also recently organised a bowling trip which everyone thoroughly enjoyed.

## **Fatma Waliji** (Contribution to volunteering in many organisations)

Fatma is a lovely lady. She has volunteered tirelessly for many years at the Peterborough Council for the Voluntary Service and has since gone further a field with her volunteering as part of the New Office Works team, which expands administrative and mail-out support into local community groups and charitable organisations.

Fatma is very well regarded by all who meet her; she thoroughly enjoys doing a good job and can always be relied upon.

She has many skills which add benefits to her friend's, peers, and the wider community. She is always enthusiastic in every task she undertakes and, above all, we enjoy her bubbly fun personality.

### Three very special awards

#### **“Long Service Award”**

##### **Presented to, Charles Watson Shopmobility**

Charles has been working hard at Shopmobility since it opened in Queensgate nearly 30 years ago, it is a scheme to provide electrically powered and hand propelled wheelchairs and scooters to help people who have limited mobility – to shop and use other facilities in both Queensgate Shopping Centre and Peterborough City Centre. It makes an important and lasting difference to people's quality of life.

#### **“Services to the Community - Home & Away Award”**

##### **Presented to John Fox**

Here are just a few things that John has done for charity some are very close to home and some many miles away.

Founder of the Eye Running Club

Ran the London Marathon for a little boy in Eye one year and has also done many half marathons for charities.

Helped Sgt Sutton organise aid convoys to Croatia when the war was on and was part of the largest convoy to have left the UK. The last convoy John actually organised himself and this was a Memorial one on behalf of Sgt Sutton who died of an illness whilst he was taking aid out there the year before.

Co founder of the Rudolf Fund which has been running for 15 years now and with the committee has raised over £300,000 and taken approx 450 children away since it started, this is always in December first of all to Lapland and then after that to Disneyland Paris.

Taken two fire engines out with Bob Burke to Vinnitsa Ukraine through the Peterborough Vinnitsa Charitable Trust and also medical aid including special instruments for one of the childrens top neuro surgeons there.

John was one of the main people with the Disability Forum to push and get a "changing places" toilet in the City Centre which is a much needed building here in Peterborough.

He also put forward and has been involved in the installation of a new War Memorial for the City Centre.

He was involved with Link and others getting the St Georges Hydrotherapy Pool for the use of others all over Peterborough as the pool at the District Hospital was closed and they have not provided one at the new hospital.

### **“Lifetime Achievement Award” Presented to Cliff Walker DL MBE**

For a lifetimes dedication to the services given to the community.  
Director of YMCA

Former member of the Community Association Peterborough and for a number of years arranged the Christmas Day social for the elderly.

Non Executive Director of Peterborough Hospitals Trust and Peterborough Primary Care Trust. Would go out to talk about the Trust to various Community Groups he was very keen to make sure Peterborough’s citizens knew about the services offered by the Trusts.

Member of Mental Health Review Tribunal and sits locally as a Hospital Manager for the Cambridgeshire & Peterborough Community Foundation (Mental Health) NHS Trust.

Member of the Independent Monitoring Board at Stocken Prison Oakham which led to him setting up IMB at Peterborough Prison where he held the Chairman’s position.

Chairman of the Caribbean Golden Age Association and has been the Chair of both the African Caribbean Forum and its Youth Club.

Past Chair of Accent Nene Housing Association for 7 years, retired in March 2011.

Past Chair of Peterborough Racial Equality Council Assessor under the Race Relations Act in the County Courts.

Past Chairman of the Bench for Peterborough. Local magistrate.

Holder of MBE For services to the community

Deputy Lord Lieutenant of Cambridgeshire. (The Queens Representatives)

Honorary Group President of Peterborough Branch of Diabetes UK

Board member of GPP (Greater Peterborough Partnership).