## **Events and Courses**



## January 2026 – Look what's new this month!

Please note, all our activities are FREE, and are open to all (even if you are not a CKH resident) unless otherwise stated.

Men's fire, wood, food and general tinkering around club — A new free weekly social club for men to cook food on an open fire, chat and get involved with carpentry and woodworking projects around the garden

Starting Tuesday 8th January 2026

1pm - 4pm

WestRaven Community Garden, Hartwell Way, PE3 7LX

To book your place visit: <a href="https://www.eventbrite.co.uk/e/mens-fire-wood-food-and-general-tinkering-around-club-tickets-1976878394494">https://www.eventbrite.co.uk/e/mens-fire-wood-food-and-general-tinkering-around-club-tickets-1976878394494</a>

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <a href="https://www.westraven.co.uk/">https://www.westraven.co.uk/</a>

**Community Cooking Class** - On the second Friday of this month we will be holding a FREE cooking class to learn new skills in cooking a main meal and a dessert.

Friday 9<sup>th</sup> January 2026

10am - 3pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

Booking is essential, call 01733 330040 or pop into the Café to book your place





**Employment for Parents** — This short course will help parents to build confidence for work, identify their key skills and explore options for work that fit around their childcare commitments.

Monday 12<sup>th</sup> & 19<sup>th</sup> January 2026 10am – 12.30pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

To register your interest, complete the online form - <a href="https://www.crosskeyshomes.co.uk/finding-work">https://www.crosskeyshomes.co.uk/finding-work</a> or email <a href="mailto:community@crosskeyshomes.co.uk">community@crosskeyshomes.co.uk</a> or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook https://www.facebook.com/crosskeyshomespeterborough/

<u>Build a Dead Hedge</u> - Join us for a hands-on session building a dead hedge. You will learn to turn branches and garden cuttings into a natural feature that provides shelter for wildlife, supports biodiversity.

Wednesday 21<sup>st</sup> January 2026 10am – 2pm

WestRaven Community Garden, Hartwell Way, Westwood PE3 7LX

For more details visit - https://www.eventbrite.co.uk/e/build-a-dead-hedge-tickets-1976882070489





<u>Living with Stress</u> — We've joined with the RCE Wellbeing hub to offer you face to face Living with Stress Course, focusing on what we can do to manage our ongoing experiences and symptoms in safe and healthy ways.

Wednesday 21st January 2026

1.30pm - 3.45pm

CKH Skills Hub, Shakespeare Avenue, New England, PE1 3JW

To find out more about the support offered by the RCE Wellbeing Hub and enrol on this course register your interest by visiting – <a href="https://www.cpft.nhs.uk/rce-wellbeing-hub/">https://www.cpft.nhs.uk/rce-wellbeing-hub/</a>

For more information follow Cross Keys Homes on Facebook https://www.facebook.com/crosskeyshomespeterborough/

<u>Jobseekers Toolkit</u> — Stress less which aims to help people manage and understand stress and anxiety when job searching.

Thursday 22<sup>nd</sup> January 2026

10am - 12.30pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

To register your interest, complete the online form - <a href="https://www.crosskeyshomes.co.uk/finding-work">https://www.crosskeyshomes.co.uk/finding-work</a> or email <a href="mailto:community@crosskeyshomes.co.uk">community@crosskeyshomes.co.uk</a> or call 01733 396404 for more details and to book your place





**Build a Hazel Fence** - Learn the traditional craft of building hazel hurdles or fences.

Wednesday 28<sup>th</sup> January 2026 10am – 2pm

WestRaven Community Garden, Hartwell Way, Westwood PE3 7LX

For more details visit <a href="https://www.eventbrite.co.uk/e/build-a-hazel-fence-tickets-1977705609717">https://www.eventbrite.co.uk/e/build-a-hazel-fence-tickets-1977705609717</a>

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <a href="https://www.westraven.co.uk/">https://www.westraven.co.uk/</a>





## On-going sessions - Daily

<u>Community Library</u> — Pop in and pick up a book to take home to read or sit in the hub and read it with company.

Available daily Monday - Thursday during January 9.30am – 4pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

No need to book, just pop in and get reading!

For more information follow Cross Keys Homes on Facebook - <a href="https://www.facebook.com/crosskeyshomespeterborough/">https://www.facebook.com/crosskeyshomespeterborough/</a>





## On-going sessions - Weekly

**Stop Smoking Support** - Stop smoking clinic you can access a free vape with e liquid and ongoing support (12 weeks), face to face and telephone. Referral only.

Every Monday during January 9.30am – 12.30pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

To register your interest to be referred, complete the online form - <a href="https://www.crosskeyshomes.co.uk/health-and-wellbeing">https://www.crosskeyshomes.co.uk/health-and-wellbeing</a>

For more information follow Cross Keys Homes on Facebook https://www.facebook.com/crosskeyshomespeterborough/

<u>Stay & Play —</u> Weekly term time stay and play group for 0-5 year olds with toys, arts, crafts and singing. Drink and snack included — Cost £1 per child

Every Monday during January – Term time only 10am – 11.30am

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

No need to book, just come along on the day.





<u>Making Space</u> - A build-up of items in the home, difficulty parting with items and hoarding can affect health, wellbeing and lifestyle. It also poses a significant risk of fire and illness. Our support group is a non-judgmental, confidential and supportive, giving advice and practical solutions for anyone who has difficulty parting with possessions.

Every Monday during January

1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Pre-booking is essential, to book your place complete the booking form on our website <a href="https://www.crosskeyshomes.co.uk/mental-health">https://www.crosskeyshomes.co.uk/mental-health</a> or email <a href="mailto:community@crosskeyshomes.co.uk">community@crosskeyshomes.co.uk</a> or call 01733 396404.

For more information follow Cross Keys Homes on Facebook https://www.facebook.com/crosskeyshomespeterborough/

**Chair Exercises** – aimed at those over the age of 55, all abilities welcome.

**Every Monday during January – Term time only** 

1pm - 1.45pm

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

To find out more contact - <u>danielle.parkin@crosskeyshomes.co.uk</u>

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <a href="https://www.westraven.co.uk/">https://www.westraven.co.uk/</a>

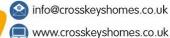
<u>1st Bretton Rainbows session at South Bretton</u> – For girls aged 4-7 years, come along and join the fun at Rainbows.

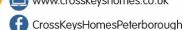
**Every Monday from January 12th – Term time only** 

6pm - 7.15pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Register your interest by contacting <a href="mailto:susanelkins1985@gmail.com">susanelkins1985@gmail.com</a>









<u>Careers Club</u> – Weekly Employability support sessions with IT access and 121 support – Includes creating or updating your CV, job search, interview practice.

Monday 12<sup>th</sup> January 2026 2pm – 4pm Hampton Library, Clayburn Road, PE7 8GL

Monday 26<sup>th</sup> January 2026 12pm - 2pm \* please note change of time for this month CKH Skills Hub, Shakespeare Avenue, New England, PE1 3JW

Every Tuesday during January 9.30am – 12.30am Orton Library, Bushfield, Ortongate, PE2 5RQ

Every Tuesday during January
9.30am – 12.30am
CKH Customer Central, Bridge Street PE1 1DT

Every Thursday during January

10am – 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Employment support is also available throughout the week, either over the phone, via email or a booked face to face appointment.

Pre-booking is essential, complete the online form - <a href="https://www.crosskeyshomes.co.uk/finding-work">https://www.crosskeyshomes.co.uk/finding-work</a> or email <a href="mailto:community@crosskeyshomes.co.uk">community@crosskeyshomes.co.uk</a> or call 01733 396404 to book your place.





**Song, Rhyme & Story Time** – Run by Barnardo's Song, rhyme & story Time, Early language & literacy for children aged 0-5 years.

**Every Tuesday during January** 

9.30am - 10.15am

WestRaven Community Garden, Hartwell Way, PE3 7LX

Tuesday 2<sup>nd</sup> & 9<sup>th</sup> December

11am - 12pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

For more details call 01733 574038 or just come along on the day, no need to book.

<u>Barnardo's Young Parent Group</u> — Weekly drop-in support and play group for young parents and their children under 5 years of age, come along make friends and meet other young parents.

**Every Tuesday during January** 

10am - 11.30am

Honeyhill Child & Family Centre, 150 Chadburn, Paston, PE4 7DH

Call 01733 574038 for more information.

**Every Thursday during January** 

1pm - 2.30pm

Orton Children & Family Centre, 74 Herlington, Orton Malborne, PE2 5PW

Call 01733 391652 for more information.

More details about the sessions being delivered by Barnardo's can be found herehttps://www.haypeterborough.co.uk/activities/barnardos-child-and-family-centres/

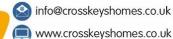
<u>Little Bears, Stay and Play</u> – Cambridgeshire child and family centre run all round stay and play session with messy play, construction and crafts, suitable for 0–5-year-olds. Costs £2 per session, concessions available

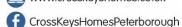
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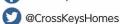
10am - 11.30am

Judiths Field Pavilion, London Road, Godmanchester, PE29 2WB

Call 01480 372700 or email <u>childandfamily.hunts@cambridgsehire.gov.uk</u> for more details.









<u>Job Seekers Toolkit</u> — Improve your knowledge and add to your CV by completing a range of job-related courses as detailed below.

<u>Food Hygiene Level 1 & 2</u>— Gain a Level 1 Food Hygiene Qualification for anyone wanting to work in catering or a kitchen.

**Evry Tuesday during January** 

10am - 12pm

**Every Wednesday during January** 

10am - 12pm or 1pm - 3pm

**Health & Safety Level 1** - Eight self-contained training modules included in this course cover the key syllabus of Level 1 Health and Safety qualifications.

<u>Health & Safety Level 2 -</u> Nine easy-to-manage training modules included in this course cover the key syllabus of Level 2 Health and Safety qualifications.

**Every Tuesday during January** 

10am - 12pm

**Every Wednesday during January** 

10am - 12pm or 1pm - 3pm

**Manual Handling** - There are six training modules that make up this course, which cover the key syllabus.

**Every Tuesday during January** 

10am - 12pm

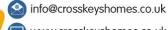
**Every Wednesday during January** 

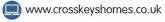
10am - 12pm or 1pm - 3pm

Course can be completed online or in person at our Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

Pre-booking is essential, complete the online form -

https://www.crosskeyshomes.co.uk/get-a-qualification or email community@crosskeyshomes.co.uk or call 01733 396404 to book your place









**Learn My Way** — Basic IT introduction course for beginners — learn how to stay safe online and use the internet.

Every Tuesday during January 10am – 12pm

Every Wednesday during January 10am – 12pm or 1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

Every Tuesday during January

1pm – 3pm

CKH Skills Hub, Shakespeare Avenue, New England, PE1 3JW

Pre-booking is essential, complete the online form - <a href="https://www.crosskeyshomes.co.uk/learn-computer-skills">https://www.crosskeyshomes.co.uk/learn-computer-skills</a> or email <a href="mailto:community@crosskeyshomes.co.uk">community@crosskeyshomes.co.uk</a> or call 01733 396404 to book your place.



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<u>Manual Handling</u> - There are six training modules that make up this course, which cover the key syllabus.

Every Tuesday during January

1pm – 3pm

CKH Skills Hub, Shakespeare Avenue, New England, PE1 3JW

Pre-booking is essential, complete the online form - <a href="https://www.crosskeyshomes.co.uk/get-a-qualification">https://www.crosskeyshomes.co.uk/get-a-qualification</a> or email <a href="mailto:community@crosskeyshomes.co.uk">community@crosskeyshomes.co.uk</a> or call 01733 396404 to book your place

For more information follow Cross Keys Homes on Facebook https://www.facebook.com/crosskeyshomespeterborough/

<u>Little Feet – Parent and toddler dance class, £2 a session.</u> Aimed at children 0-6 years Every Wednesday during January – Term time only 9.45am – 10.15am Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

To find out more contact – danielle.parkin@crosskeyshomes.co.uk

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <a href="https://www.westraven.co.uk/">https://www.westraven.co.uk/</a>





<u>Functional Skills</u>— Having a good level of English and Maths skills are important in all areas of your life. Improving them will help you gain employment, gain access to further education, and support other family members with their own learning. We are offering FREE access to the BKSB portal so that you can learn, improve and gain a national recognised qualification in Functional Skills English and Maths

Every Wednesday during January

10am – 12pm or 1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Pre-booking is essential, complete the online form - <a href="https://www.crosskeyshomes.co.uk/get-a-qualification">https://www.crosskeyshomes.co.uk/get-a-qualification</a> or email

community@crosskeyshomes.co.uk or call 01733 396404 to book your place.

For more information follow Cross Keys Homes on Facebook - <a href="https://www.facebook.com/crosskeyshomespeterborough/">https://www.facebook.com/crosskeyshomespeterborough/</a>

<u>Gardening for your Mental Health</u> - Get involved with building a community garden. There are always various jobs to do from watering plants to digging over ground. Meet new people, share experiences, learn new skills in a safe environment.

Every Wednesday during January - subject to change.

10am - 3pm

Olive Road Wellbeing Garden, Dogsthorpe, PE1 4PT

To register your interest, complete the online form - <a href="https://www.crosskeyshomes.co.uk/garden">https://www.crosskeyshomes.co.uk/garden</a> or email community@crosskeyshomes.co.uk call 01733 396404 for more details



**Chair Yoga** – Yoga classes aimed at those over the age of 55, for all abilities.

Every Wednesday during January – Term time only 10.30am – 11.15am

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

To find out more contact - <u>danielle.parkin@crosskeyshomes.co.uk</u>

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <a href="https://www.westraven.co.uk/">https://www.westraven.co.uk/</a>

<u>Maintaining Space</u> – Join our supportive group to help you on your decluttering journey. We'll help you learn new organising skills and support you to move towards a more managed living space. Our group is understanding, emotionally supportive and non-judgemental.

Date, venue & timings to be confirmed.

Email <u>community@crosskeyshomes.co.uk</u> or call 01733 396404 to find out when our next group will be starting and to sign up.

For more information follow Cross Keys Homes on Facebook - <a href="https://www.facebook.com/crosskeyshomespeterborough/">https://www.facebook.com/crosskeyshomespeterborough/</a>

<u>South Bretton Youth Club – Provided by Families First.</u> Aimed at those aged 12-19 years old, with activities including cooking, crafts, games, table tennis and much more!

Every Wednesday starting back on 14<sup>th</sup> January - Term time only 6pm - 7.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Please contact Cherry Lester on 07851 424925 for further information or visit <a href="http://www.facebook.com/familiesfirstpeterborough">http://www.facebook.com/familiesfirstpeterborough</a>

For more information follow Cross Keys Homes on Facebook - <a href="https://www.facebook.com/crosskeyshomespeterborough/">https://www.facebook.com/crosskeyshomespeterborough/</a>





**Zumba** – for those over the age of 55, every Wednesday

**Every Wednesday during January** 

6.30pm - 7.15pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

Booking is essential, either pop into the Café or give them a call to book your place on 01733 330040

For more information follow WestRaven Cross Keys Homes Community Café & Garden CIO: <a href="https://www.westraven.co.uk/">https://www.westraven.co.uk/</a>

<u>Falls Prevention Session</u> — Delivered by Vivacity, running a Falls prevention 121 and group advise sessions, aimed at those over 65 years of age.

**Every Thursday during January** 

9.30am - 3pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

To register your interest, complete the online form -

https://www.crosskeyshomes.co.uk/health-and-wellbeing\_or email community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook - <a href="https://www.facebook.com/crosskeyshomespeterborough/">https://www.facebook.com/crosskeyshomespeterborough/</a>

<u>Crafts in the Community</u> – Come along to the Café to take part in free community crafts sessions for all.

**Every Thursday during January** 

1pm - 3pm

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

Booking is essential, to book your either pop into the Café or call 01733 330040





<u>Friendship & Games Club</u> – Friendly club for conversation, games, and friendship. Meet new people. There will be free tea, coffee, and cakes, plus loads of board games.

**Every Thursday during January** 

10am - 12pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

No need to book, just come along and join in!

For more information follow Cross Keys Homes on Facebook https://www.facebook.com/crosskeyshomespeterborough/

<u>Brownies session at South Bretton –</u> For girls aged 7-10 years, come along and join Brownies. You can be creative, active, learn new skills make new friends, have adventures and have lots of fun.

Every Thursday during January– Term time only

6pm - 7.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Register your interest by visiting <a href="http://www.girlguiding.org.uk/joinus">http://www.girlguiding.org.uk/joinus</a> or call 0800 169 5901

<u>Men Together Group</u> – If you enjoy fixing and making things in the company of others, come along and join us. Many come just for the tea and banter, and men of any skill/experience over the age of 18 are welcome.

**Every Friday during January** 

12.30pm – 2.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Pre-booking is essential, complete the online form

https://www.crosskeyshomes.co.uk/mental-health or email community@crosskeyshomes.co.uk or call 01733 396404 to book your place

