

PCVS Members Noticeboard wc 5th February 2024

Events

↻ International Women's Day 2024 | Events in and around Peterborough

International Women's Day takes place on 8 March and the theme for 2024 is Inspire Inclusion. If you are planning any events to celebrate IWD please let us know and we will collate them into a handy guide to IWD in Peterborough! Email details of your events to hazel.perry@pcvs.co.uk. [Click here](#) for more information.



↻ Chinese Community in Peterborough | King's Award for Voluntary Service and Chinese New Years Party, 8 February

Congratulations to the Chinese Community in Peterborough and Chinese Women in Peterborough on winning the prestigious King's Award for Voluntary Service. Celebrations are organised for 8 February with a daytime and evening of events. [Book your place via the Eventbrite link here.](#)

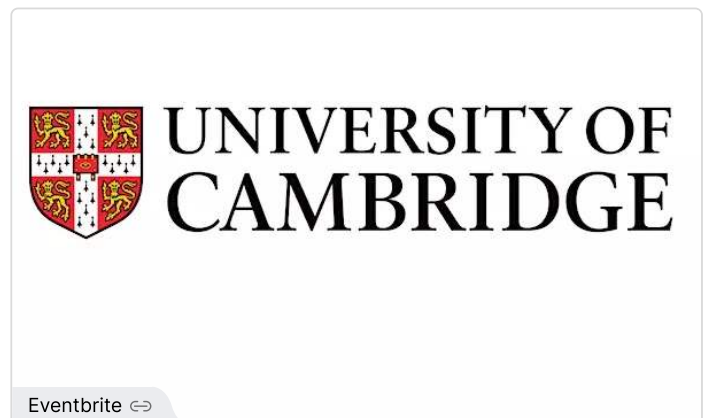


King's Award for Voluntary Services and Chinese New Year Party

↻ The East of England Public Health Research Conference | Takes Place 12 February - Register Today!

The East of England Public Health Research Conference should be of interest to our members working with health and wellbeing matters.

Hosted by the School of Public Health Research (SPHR) at Cambridge, this in-person conference brings together researchers, Directors of Public Health, public partners, civilians and third sector organisations. Attendees will have the chance to learn about the School, findings from research and updates on current Cambridge SPHR projects. Don't miss this opportunity to engage and influence Cambridge SPHR thinking on the big research questions and the science going forward!



East of England Public Health Research Conference

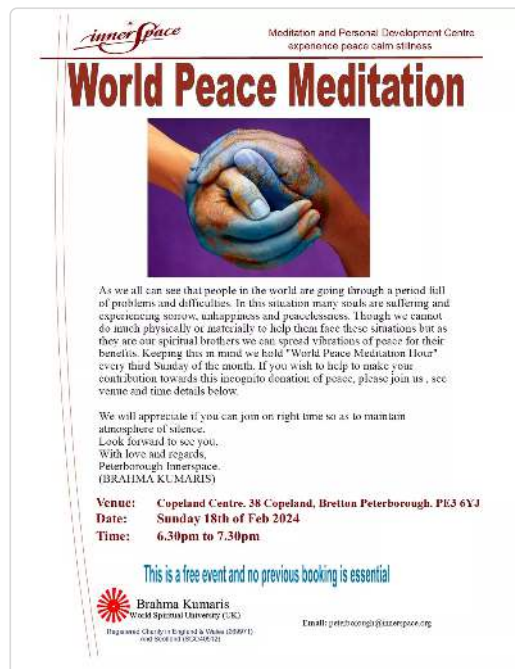
There will be presentations and workshops, followed by lunch and an opportunity to network. Between 2022-2027 SPHR is focused on Public Mental Health, Children, Young People & Families, Health Inequalities and Healthy Places, Healthy Planet. Space is limited so please register soon to secure your spot to join 9:00-13:00 on Monday 12 February 2024 at Babraham Research Campus, Cambridge. [Click here](#) to register.

⇒ **Safe Soulmates | Steve Ball
Valentine's Disco, 17th February**

Safe Soulmates and Inclusive Parties CIC are hosting the Steve Ball Valentines Disco for the disabled and neurodivergent community on 17th February. Tickets for the event which takes place between 7 and 10pm at the Millfield Community Centre, Lincoln Road, Peterborough, can be purchased from the Unity Shop in Queensgate or City College Peterborough, Brook Street, Peterborough. See attached flyer for more details.



⇒ **Inner Space | World Peace Meditation, 18th February**



⇒ **Civil Society Consulting | Celebrating Togetherness Conference in Peterborough, 7th March**

You're invited to a fun, uplifting **celebration** of our initiatives **Kinder Communities** and **#32Steps**. The event will provide an opportunity for social action and faith-inspired leaders to socialise; share experiences; and learn from sector experts. **Click here** for more information and to reserve your place.



Celebrating Togetherness Conference in Peterborough

⇒ **Sue Ryder | Grief Kind Spaces Launch, 13th March**

Sue Ryder will be launching our new Grief Kind space on **Wednesday 13th March from 10am-12pm at Gladstone Park community Centre** in Peterborough.

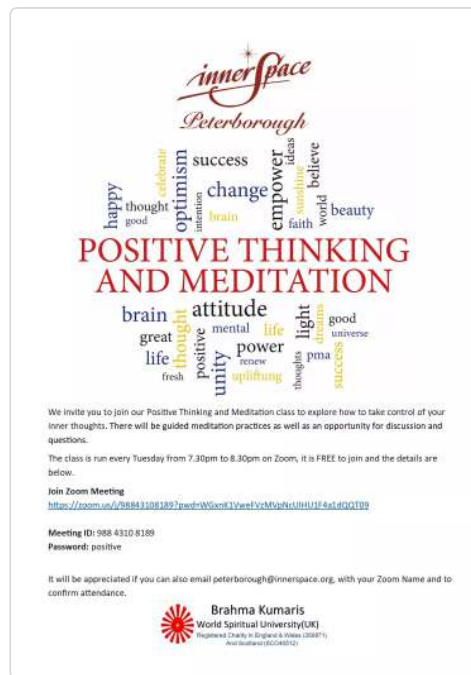
Grief Kind Spaces are weekly, in-person drop-in sessions held in the local community and run by trained volunteers. The sessions are welcoming, inclusive and open to anyone who is over 18 and has experienced a bereavement, whether they want to attend regularly to connect with others in similar situations or just drop in for a quick chat. The sessions provide a safe, informal, and supportive place for people to come together and share their experiences of grief, helping attendees to feel heard and less alone. To find out more visit sueryder.org/spaces

⇒ **Cambridgeshire Lupus Group | Information Day, 16th March at 1.30pm (Cambridge)**

Cambridgeshire Lupus Group will be holding an information day at 1.30pm on 16th March. Lupus is an autoimmune disease which causes inflammation throughout the body. The information day will take place at Hinxton Hall Conference Centre on the Wellcome Genome Campus, Hinxton, Cambridge CB10 1RQ. **Click here** to register.



Info_Day_2024_Flyer_20240119.pdf



innerSpace
Peterborough

happy thought optimism success empower ideas believe
good intention brain change faith world beauty
leisure
brain attitude light good
great thought mental life universe
life positive unity power renew pma
fresh thoughts upliftung success

POSITIVE THINKING AND MEDITATION


We invite you to join our Positive Thinking and Meditation class to explore how to take control of your inner thoughts. There will be guided meditation practices as well as an opportunity for discussion and questions.

The class is run every Tuesday from 7.30pm to 8.30pm on Zoom, it is FREE to join and the details are below.

Join Zoom Meeting
<https://zoom.us/j/98843108189?pwd=WlZlcnk3VjZlVzVlM2YkdUJHJ1FkZkdGQ1R9>

Meeting ID: 988 4310 8189
Password: positive

It will be appreciated if you can also email peterborough@innerspace.org, with your Zoom Name and to confirm attendance.

 Brahma Kumaris
World Spiritual University (UK)
Registered Charity in England & Wales 1208811
Aotearoa (New Zealand) 120248212

Volunteering & Job Vacancies

↩ Citizens Advice Peterborough

Volunteer Opportunities include:

Generalist Adviser - answer calls from clients, gather relevant background information, then research the issue and relay the best options back to the clients. You will help clients to find solutions to their issues. We will support you with full training and support throughout your volunteering experience.

Marketing & Communications - Create social media posts, leaflets, pages on our website. Help to promote our service and volunteering opportunities. For more information and to apply please visit:

<https://www.citapeterborough.org.uk/volunteer-with-us/>



↩ Living Keys looking for Events Volunteers

Living Keys are planning Events this year to raise funds to make a difference in the lives of those who have been living in domestic abuse/violence. We are planning an International Day for the summer months (date to be confirmed) - we will also be doing a Rum and Reggae evening on 23rd November this year. An Afternoon Tea event to celebrate International women's day on 8th March and so much more.... interested please contact Linda on 07507269081 or email linda@livingkeys.co.uk



↩ Peterborough Multiple Sclerosis Group | Finance and Administration Volunteer Required

Peterborough Multiple Sclerosis Group are in urgent need of a Finance Volunteer and Administration Volunteer. We would love to plan ahead and offer more support to those with MS in our area, but without these vital people we can't move forward. Could you or a partner or friend consider volunteering for either of these posts? Full support and training is available from MS National Centre.



www.mssociety.org.uk ↩

⇒ **NIHR | Looking for Public Contributors to Improve Health and Social Care**

NIHR are looking for public contributors to share ideas and opinions about research to improve health and social care. For more information see the attached document or head to [ARC EoE website here](#). Contact Bryony at 01223 534669 or bryony.porter@cpft.nhs.uk to find out more about the roles and get involved. An audio description of the advert is available on [YouTube here](#).



The poster is titled "Share your ideas and opinions about research to improve health and social care". It features a red header with a white microphone icon and a blue body with white text. There are three circular inset images: one showing a group of people, one showing a person at a computer, and one showing a person with a stethoscope. The text includes: "We are looking for people to join our team of public contributors. Your ideas and opinions are valuable to our researchers." Under "What do I need to do?", it lists: "Attend an online meeting once a month, for 90 minutes.", "A researcher will tell the group about their research project and will ask your thoughts and opinions of their plans.", "You do not need any specialist knowledge or qualifications.", and "Public involvement is for everyone who wants to improve research." Under "How can I help shape research?", it lists: "Identifying topics and questions that are important to patients, service users, carers and the public.", "Helping to make information about research easier for people to understand.", and "Helping to share results of research in ways that are easy to understand." Under "How will I be supported?", it says: "Bryony will provide induction to the group and any training or support to make sure you can be fully involved. You will be reimbursed for your time at a rate of £25 per hour." At the bottom, there is a photo of Bryony, her name "Bryony Public Involvement Lead", and the NIHR logo with "Applied Research Collaboration East of England".

⇒ **Healthwatch Cambridgeshire & Peterborough | Adult Social Care Partnership Board Participants Required (Peterborough)**

Join an Adult Social Care Partnership Board and share your experience
Do you have experience of using social care services, or of caring for someone who does?
Then why not join one of the Adult Social Care Partnership Boards and help shape and improve local services for people across Cambridgeshire and Peterborough.
Our Healthwatch is looking for new independent members to join the five Partnership Boards which focus on:

- Carers
- Learning Disabilities
- Older People
- Physical Disabilities
- Sensory Impairment

By joining, you will have opportunities to come together with other people and share your knowledge to help influence the design, delivery and evaluation of services. The Chairs of the Partnership Boards attend the Adult Social Care Forum organised by Cambridgeshire County and Peterborough City Councils, allowing them to give feedback to senior managers of adult social care services.

For more information or to apply, please visit our website or contact our Partnership Development Manager, Graham Lewis at graham.lewis@healthwatchcambspboro.co.uk.



↪ **Care Network Cambridgeshire | Runners Required for Northstowe Running Festival, 31 August**

Would you like to complete a 5k, 10k or Half Marathon race in support of a local charity this summer?

Care Network Cambridgeshire is proud to partner with the **Northstowe Running Festival** for a third year on Saturday 31 August 2024.

You can enter as an individual, family group or team to #RunForCareNetwork. You'll receive: paid entry into the race of your choice (5k, 10k or half marathon) a bespoke t-shirt or running vest to wear with pride! a finishers' goodie bag dedicated support through your personal fitness and fundraising journey. Every pound you raise will help us be there for people in Cambridgeshire and Peterborough in need of our support through difficult times.

Get in touch today to secure your place and receive your free promo code to register. Call Corrina at the **Care Network** on 01954 774803 or email corrina.o@care-network.org.uk.

Saturday, 31 August 2024
Northstowe Running Festival

Care Network Cambridgeshire is calling ALL runners!

Family Run Individual Run Team Run

Inclusive, family-friendly event

Range of races to suit you

Help a local charity!

5k, 10k or Half Marathon

We've raised over **£3000** to help us deliver our vital support services

If you'd like to get involved and #RunForCareNetwork, get in touch TODAY for support through your fitness and fundraising journey!

care NETWORK CAMBRIDGESHIRE People at the heart of everything

Padlet Drive ↪

✉ corrina.o@care-network.org.uk
☎ 01954 774803
🆓 FREE For your race promo code!

Charity No. 1120693

NRF_Runner_Poster_2024.pdf

↪ **PCVS | Did You Know That Volunteering Looks GREAT on Your CV?**

It's true! Adding volunteering experience to your CV, shows that you are motivated, a self starter and are willing to learn new skills.

Go-ViP, PCVS' one-stop shop for volunteers and voluntary organisations, can help you find the perfect opportunity to help you gain the skills to enter the job market, get started in that new career or to secure that place at college or university.

What are you waiting for? **Go Volunteer in Peterborough (Go-ViP)**, today!

pcvs
Peterborough Council Voluntary Services
Making Lives Better!

Go-ViP
Peterborough Council Voluntary Services
Your Volunteer Match

DID YOU KNOW THAT...

VOLUNTEERING LOOKS GREAT ON YOUR CV?

Contact volunteering@pcvs.co.uk to find your perfect volunteering match or check out our dedicated website go-vip.co.uk

SCAN ME

VOLUNTEERS

Workshops & Training

↩️ Steadfast Training | Confidence with Numbers Workshop (for Adults), 13 February

As part of Steadfast's Multiply delivery for the Combined Authority, we are working in partnership with the National Numeracy and have arranged for one of their trainers to deliver a 'Confidence with numbers' session at our Peterborough centre on **13th February from 1-2pm**. The workshop is not going to teach maths as such, but is aimed at giving participants an opportunity to discuss how the feel about numeracy in general and find ways to improve their skills and confidence when using numbers. [Click here](#) to register or use the QR code on the attached flyer.



Confidence_with_numbers_Steadfast_Training.pdf

↩️ Steadfast Training | Upcoming Courses

Steadfast Training offers free courses for people claiming certain benefits. Details of upcoming courses and how to apply are below. Steadfast training also offers ESOL courses. Contact them directly for info.

Starting on 12/2/24

- School Support in partnership with an Education Recruiter, Level 1
- Adult Social Care in partnership with Care Provider Level 1
- Preparing to work in self employment. Level 1

Starting on 19/2/24

- School Support in partnership with an Education recruiter, Level 1
- Schools Support, Level 1
- Self-Employment

Starting on 26 February

- Schools Support, Level 1
- Personal Finance

Starting on 4 March

- Employability + Business Administration
 - Employability + Customer Service
 - Employability + Retail
 - Schools Support, Level 2
- (Progression from Level 1 only)**

Starting on 12 March

- Schools Support, Level 1

Starting on 18 March

- Team Leading

All courses will be for either 1 or 2 weeks and will be delivered either at our Peterborough office or via our remote/virtual classroom model and comprise of **daily training sessions from 9.30am – 3pm**, followed by **individual 1-2-1 support** where required. All our virtual/remote courses are tutor-led and delivered via Zoom.

In Peterborough, our training centre is at:



Steadfast Training - Empowering Your Career with Expert Apprenticeship and Employability Training

2 North Street,
Peterborough
PE1 2RA

How to get yourself book on

If your participants are interested in any of these courses, then please email upskill@steadfasttraining.co.uk with their name, telephone number and the course so we can get in touch and register them onto the course.

↪ The Prince's Trust | Get Started with Your Future, Taster Day 21st February

After an amazing success of our first programme in December please see below and attached our **SECOND** amazing opportunity from us at **The Prince's Trust** for any **unemployed young people aged 16-25** in the **Peterborough** area.

Our second 1-week programme aimed at supporting young people furthest away from employment, education and or training to help engage them, **build their confidence, self-esteem, life skills and also to have some fun!**

The course is running from the **26th of February until the 1st of March** with an online **Taster Day on Wednesday the 21st of February**. **Registration details are in the attached leaflet.**



GET STARTED WITH YOUR FUTURE

DISCOVER YOUR POTENTIAL, BOOST YOUR CONFIDENCE

Are you aged 16-25?

On this programme you will:

- Take part in 2 fun days of outdoor adventurous activities!
- Develop the life skills and confidence you need to move forward in life and work.
- Make new friends and learn about money management, wellbeing & Mindfulness.
- Discover your future goals and access 3 months of 1-2-1 support.

Get in touch and Start Something today.

INFORMATION

Taster Day: 21st February 2024
Course Dates: 26th February - 1st of March 2024
Location: Peterborough
Email: Ash.rook@princes-trust.org.uk
Phone: 07908 03240

Supported by:

Padlet Drive ⇄



Get_Started_with_your_Future_Peterborough.pdf

↪ Free Papercraft/Mixed Media Workshops - Craft4Smiles C.I.C. in Partnership with YANA and Women's Aid Peterborough, Starting 2 February

Come and join us at our creative, social, fun workshops every Friday from 2nd February to 22nd March 2024 (no session 8th March) 12.30 - 14.30 at Anne's House, Women's Aid, 32-34 Cromwell Road, Peterborough, PE1 2EA. You will meet a group of like-minded people and learn some of the basics of papercrafting that will help you undertake amazing projects at home. Contact Amanda: amanda.geraghty@wa-support.co.uk or Raimonda raimondapeterborough@gmail.com.



⇒ **Radical Collaboration | An Introduction to Convergent Facilitation, Starting 5 March, Online**

This course is an in depth introduction to Convergent Facilitation, a powerful approach to facilitating collaborative decision making. It holds massive potential for those working to bring communities, stakeholders and movements together to address our most challenging problems. This course is therefore aimed at people involved in deliberative democracy, progressive social movements, community organising, and conflict resolution or mediation. [Click here](#) for more details.



Radical Collaboration - An Introduction to Convergent Facilitation with Paul and Verene | Convergent Facilitation

⇒ **Living Keys Freedom Programme (free course)**

Living Keys are taking new applications for their next course starting in March. This is a 12 week course, free to women and young adult women aged 16 and over. To sign up for this course, please complete an application form <https://www.livingkeys.co.uk> click on contact button on the top of our webpage and you will be directed to our application form. Or contact Linda on 07507269081 or email admin@livingkeys.co.uk for further information.



⇒ **Domestic Abuse Recovery Toolkit - CBT based - Free 12 week course for women who have been out of the abuse for at least 6 months.**

This course will start late March 2024 and we are taking applications now. The course and materials are free. to apply please use this link <https://www.livingkeys.co.uk> click on the contact button and our application form will be seen there. Or for further details please contact Linda on 07507269081 or email Admin@livingkeys.co.uk



↪ Steadfast Training | Living and Working in the UK Level 1, Starting 25 March

Throughout this Living & Working in the UK course learners will develop an understanding of the government and law in the UK including the British Constitution, UK system of government, UK involvement with international institutions.

- Learn about the United Kingdom, its geography, history and political system
- Get to know people and places in the local area where you live
- Find out about your rights and responsibilities when working and living in the United Kingdom
- Learn about the British Education system.
- Get help with job search, creating a professional CV and preparing for interview
-

To register or to learn more about opportunities for full or part funded, high quality training, call upskill@steadfasttraining.co.uk



ENTRY LEVEL 1 - LEVEL 1

Living & Working in the UK

WHEN & WHERE:
4 day course 25th - 28th March
Remote tutor via Zoom

Throughout this Living & Working in the UK courses learners will develop an understanding of the government and law in the UK including the British Constitution, UK system of government, UK involvement with international institutions.

Funded by UK Government

SKILLS FOR LIFE MULTIPLY


CAMBRIDGESHIRE & PETERBOROUGH COMBINED AUTHORITY

Padlet Drive ↔

Living_and_Working_in_the_UK__CPCA_.pdf

↪ University Centre Peterbough | Sociology & Psychosocial Degrees for Community Groups and the Third Sector

University Centre Peterborough are offering Sociology and Psychosocial Studies degree pathways aimed at community groups and the third sector. Please find more details on the attached document.



Apply today www.ucp.ac.uk

University Centre Peterborough

SOCIOLOGY AND PSYCHOSOCIAL DEGREES

- ✓ BA (Hons) Sociology
- ✓ BA (Hons) Psychosocial Studies

Our courses blend rich academic knowledge with real-world relevance, designed to empower you in shaping the world of tomorrow. Explore:

- Social Policy
- Stress
- Gender
- Disability
- Proximity
- Activism
- Empowerment
- Mental Health
- Wellness
- Health
- Psychology
- Theory
- Neurodivergence
- Identity

Explore our facilities with our virtual tour www.ucp.ac.uk

We believe that size really matters when it comes to choosing a university. There are many benefits to studying somewhere smaller.

- £3000 saving on tuition fees*
- Advisors to support with UCAS and loan applications.
- Personalised experiences and well connected lecturers.
- Lower living and travel costs due to on-site accommodation from only 2 days per week.
- Timetables designed to work around your work and personal commitments.
- Highly engaged! High student satisfaction (94%)

www.ucp.ac.uk | Part of the Inspire Education Group

* tuition fees for UK full-time undergraduate students starting in 2024/25 academic year will be 2024. All comparisons of fee: Steadfast Training's tuition charges 2023/24 per year.

Support & Information

⇒ **February is LGBT+ History Month | The Theme is Medicine – #UnderTheScope**

The 2024 theme celebrates LGBT+ peoples' contribution to the field of Medicine and Healthcare both historically and today. We want to showcase the amazing work of LGBT+ staff across the NHS and in other healthcare settings, in providing healthcare, especially during the pandemic. Whilst still shining a light on the history of the LGBT+ community's experience of receiving healthcare which has been extremely complicated leaving LGBT+ people still facing health inequalities even today. [Click here](#) for more information.



⇒ **NIHR | Medicine in Care Homes, Online Discussion, 9 February**

Does someone you care for live in a nursing or care home? As we get older, we can end up on a lot of different medications. Research has shown that some of these may not be needed and that it be best to reduce or stop using them. Researchers from the University of Hertfordshire would like to speak to families and relatives of people living in nursing or care homes to find out about their experiences. Book a place with Krystal Warmoth, at k.warmoth@herts.ac.uk or on 01707 281295.

Does someone you care for live in a nursing or care home?

As we get older, we can end up on a lot of different medications. Research has shown that some of these might not be needed and that it could be best to reduce or stop taking them. Researchers from the University of Hertfordshire are researching safe ways for people living in care homes to do this. They would like to speak to families and representatives about their next research.

Join us for a group discussion on ZOOM
Friday 9th February 2024
11am till 12 noon

You can find out about the research to date by visiting <https://arc-ee.nihr.ac.uk/research-implementation/research-themes/ageing-and-multi-morbidity/stopping-understanding>

To find out more and to book a place, please contact
Krystal Warmoth
k.warmoth@herts.ac.uk
01707 281 295

NIHR Applied Research Collaboration East of England

Padlet Drive ⇒

Medicines_in_Care_Homes_Online_Discussion_09FEB2024.p

⇒ **Open Door Trust | Wellbeing Sessions on 7, 14, 21 February**

Open Door Trust will be running monthly sessions to allow people the space to discuss:

- How we create habits - Wednesday 7th Feb - 1.30 - 2.30
- What is Anxiety & Worry - Wednesday 14th Feb - 1.30 - 2.30
- What's the difference between Grief & Loss - Wednesday 21st Feb - 1.30 - 2.30

To either book, or to find out more information about these sessions please visit <https://www.opendoortrust.com/Cap-Debt-Centre/well-being-sessions> and complete the relevant forms. You can also send me their details.

Open Door Trust - Wellbeing Sessions

Each month we run a four-session well-being course, talking about topics such as, How we Create Habits, Anxiety & Worry, How to Become Resilient and Grief & loss. Each session can be attended separately, or as a block and is discussion based.

All the sessions are run via the ZOOM Platform, and a stable internet signal is required.

To reserve a place for our next session, or find out more information about the content and dates the sessions are running, please visit our website below.



www.opendoortrust.com

⇒ **Living Keys "Women's Drop In Service"**

We are now providing a drop in service to all women. We offer emotional support, provide an internet cafe on Monday's so forms can be completed online, with the support of staff if needed. Referrals to Care Zone and also food bank. For those in isolation and feeling lonely - why not pop in and have a chat and see what we have to offer. The "DRop In Service" is Monday's 1pm-5.30pm. @ George Alcock Centre, Whittlesey Road, Peterborough. PE2 8QS. For further details please contact Linda on 07507269081 or email admin@livingkeys.co.uk



⇒ **St Mark's Church | Cafe Connect**

Cafe Connect sessions at St Mark's Church Hall every Wednesday and Friday are free and informal and designed to provide useful information and prepare for the Life in the UK Test. Learn about local services and communities, UK history and culture and make new friends while practising your English language.

Topics for Cafe Connect sessions include:

- George and the Dragon
- UK Parliament and Big Ben
- UK Festivals: Bonfire Night
- The History of Afternoon Tea
- Florence Nightingale and Health

Book your place with olufemi.olasoko@stmarkspeterborough.org.uk or call / text 07742003677

The poster for Cafe Connect features a top image of two women talking. Below this is a yellow banner with the text "Come along to our informal and free sessions". A green bar contains four icons: a speech bubble for "Practice conversational English", a signpost for "Find out about local facilities and services", a hand holding a book for "Learn UK history and adjust to the culture", and two people for "Meet local people and make friends". The bottom section shows a photo of St Mark's Church and provides the schedule: "Wednesdays 3.30 - 4.30pm & Fridays 10-11am at St Mark's Church Hall, 82 Lincoln Road, Peterborough PE1 2SN". It includes a "Book your place today!!" call to action, contact information, and logos for the Department for Levelling Up, Housing & Communities and FaithAction.

⇒ **Care Network Cambridgeshire | Wellbeing Service**

Free one-to-one support, helping you to improve your mood, manage stress, and cope better. To discuss how **Care Network** can help you please call 03300 945750 or email wellbeing@care-network.org.uk

The poster for Care Network's Wellbeing Service features the Care Network logo at the top right. Below it is a green banner with "Wellbeing Service". A central image shows hands holding a small plant. To the right, text reads "Free one-to-one support, helping you to improve your mood, manage stress, and cope better." Two speech bubbles contain testimonials: "I feel so much better after talking to you!" and "The coping strategies you helped me learn echoed in my mind every time I felt like I couldn't cope". A list of services includes listening to concerns, working with you to explore and manage these, and helping to improve wellbeing and confidence. A QR code is provided for more information, along with contact details: "To discuss how we can help you please call 03300 945750 or email wellbeing@care-network.org.uk". The footer includes "Padlet Drive" and "Charity number 1120693".

⇒ Cambridgeshire & Peterborough Integrated Care System | Joy App

The Joy App allows local community groups providing health and wellbeing services to link with GPs, Social Prescribers and Social Workers who can refer their patients to you. Promote your service to people who can benefit from your support and track outcomes via the dashboard. Sign up to the Joy App via the QR code attached.



Cambridgeshire & Peterborough Integrated Care System

joy

Empowering Local Services

Making it straightforward for healthcare professionals to refer patients to your service.

Referrers

- GPs
- Social Prescribers
- Social Workers

Quicker referrals

YOU

- 1 CONNECT YOUR SERVICE TO HEALTHCARE PROFESSIONALS
- 2 PROMOTE YOUR SERVICE TO PEOPLE WHO CAN BENEFIT FROM YOUR SUPPORT
- 3 TRACK OUTCOMES VIA YOUR DASHBOARD

Add your service to the marketplace here



services.thejoyapp.com

⇒ H.A.Y. Peterborough | Peterborough's Community Wellbeing Website!

H.A.Y. Peterborough! How Are You? We are bringing together everything in Peterborough that is good for wellbeing.

Connecting with others, getting active, learning a new skill, being creative, seeking professional support, exploring the outdoors, volunteering – all of these things (and more) can improve our wellbeing. However, it isn't always easy to know what is out there locally or to feel comfortable trying something new.

Check out the H.A.Y. [website here!](#)



Home - How Are You Peterborough

Surveys

⇒ Flourish Peterborough | Food Strategy Survey, Deadline 7th February

You are invited to have your say on food in Peterborough, from growing to buying, to eating, sharing and dealing with food waste.

This survey will be used to inform the Peterborough Food Strategy, a document that will bring together a joined up approach across the city to how we adapt and support the food system across Peterborough in the coming years.

We are committed to ensure the wants and needs of those who live or work in the Greater Peterborough area are reflected in the Food Strategy. [Click here](#) to go to the survey.



⇒ **NHS Cambridgeshire & Peterborough Integrated Care Board (ICB) | Experiences Survey, Deadline 23 February**
NHS Cambridgeshire & Peterborough Integrated Care Board (ICB) is reviewing future contract arrangements for NHS 111 and Integrated Urgent Care (IUC) Systems. As part of the procurement process, we want to understand people's experiences of the current services. Please note that there are two surveys – one of the public and another one for healthcare professionals. The surveys are open until Friday 23rd February.

Cambridgeshire & Peterborough NHS 111 and urgent care services survey

NHS Cambridgeshire & Peterborough Integrated Care Board (ICB) is reviewing future contract arrangements for NHS 111 and Integrated Urgent Care (IUC) Systems and wants to hear from the people who use them most often.

Integrated Urgent Care (IUC) includes a range of services including NHS 111 call handling, clinical assessment and GP out-of-hours services.

Our short survey should take no more than five minutes to complete and will make a real difference to what these look like in the future.

This survey is anonymous, so please do not include any personal information, such as name / date of birth etc.

The deadline for the survey is Friday 23 February 2024.

* Required

The following questions relate to who you would contact during working hours for non-emergency and emergency situations:

During typical weekday working hours (8am – 6pm), where would you go for non-emergency purposes? (Cold, flu, symptom checking, vomiting, sprains, minor burns, calls to the mental health crisis team etc) Select all that apply. *

- Your own GP practice
- Pharmacy
- Doddington Minor Injuries Unit
- Ely minor Injuries Unit
- Wisbech Minor Injuries Unit

Microsoft Forms

⇒ **Peterborough Cultural Alliance | Be Heard! Survey, Deadline 29 February**
Do you live in Peterborough? Be Heard! is the new survey created to find out what Peterborough residents do in their spare time for fun. It aims to learn what creative, arts and cultural activities they take part in, and where they visit to do so.



Be Heard! Survey - Peterborough Cultural Strategy

It is being run by Peterborough Cultural Alliance to try and make Peterborough a place where everyone can find the creative arts, and cultural activities they want. This survey is for everyone, so #BeHeard and complete the survey before 29 Feb 2024 <http://be-heard-pbo.com/>.

⇒ **National Institute for Health & Care Research | East of England Death Literacy Survey**
You are invited to complete this short survey to find areas you may benefit from learning more about. (duration: approximately 10 mins)

University of East Anglia researchers have created a survey exploring our knowledge of processes and support available when a loved one passes away. This is known as Death Literacy. By using people's experiences and understanding, they hope to help improve support available for those who live with a life-threatening or life-limiting illness.

The survey provides you with a personalised score rating your knowledge around end-of-life care and support along with links to further information. It also increases understanding of ageing, grief and bereavement, and long-term care support available in the community.

You can find the link to the survey [here](#).

The results will be used to target community engagement activities and scarce resources in specific knowledge areas. The feedback will be shared with the health and care sector and the National Institute for Health and Social Care Research which commissioned the project.



